

FROSTBITE SERIES SAILING INSTRUCTIONS



SOUTH of PERTH YACHT CLUB


Organising Authority

THE GOOD GROCER FROSTBITE SERIES SAILING INSTRUCTIONS 2024

1. RULES

- 1.1 Races will be governed by the rules as defined in:
 - a) The Racing Rules of Sailing (**RRS**).
 - b) The Prescriptions of Australian Sailing (**AS**) including the Special Regulations.
 - c) The SoPYC Performance Handicapping Rules (**PHS**).
 - d) Appendix T – Arbitration shall apply.
- 1.2 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 1.3 All sailors competing **double-handed** shall wear a PDF Type 1, Level 100 or higher which conforms to AS 4758 or ISO 12402 or AS 1512.

2. CHANGES TO SAILING INSTRUCTIONS

 Any change to the Sailing Instructions (**SIs**) will be posted not less than 2 hours before the scheduled warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS


- 3.1 Notices to Competitors (**NTC**) will be posted on the regatta noticeboard located in the foyer outside of the OWG office.
- 3.2 The race office is the On Water Group (**OWG**).
- 3.3 On the water, the Race Committee (**RC**) intends to monitor VHF 16, 69 & 77 and communicate with competitors on **VHF 69**.
- 3.4 The call sign for South of Perth Yacht Club is '**South of Perth Race Control**'.
- 3.5 While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the signal mast on the main clubhouse north-east lawn.
- 5.2 Signals made at the start box are deemed to be made afloat.

5.3 When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal 'AP'. 

6. SCHEDULE OF RACES

6.1 The schedule of races is online and published in the Red Book.

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 1 minute before a warning signal is made.

7. DIVISION FLAGS

Division 1 Naval Numeral 1



Division 2 Naval Numeral 2



includes S80, SS27.

Division 3 Naval Numeral 3



includes H28, SS22, Red Witch

7.1 A keelboat's division flag shall be displayed from the backstay or mainsail leech when racing.

7.2 The flag shall be removed when no longer racing.

8. RACING AREA

The racing area includes Canning River, Melville Water East and West.

9. CLUB COURSES AND MARKS

9.1 The courses for each division are published online, the Red Book, and available from outside the OWG office.

9.2 The course to be sailed will be designated by an international numeral pennant corresponding to the course number displayed below the division flag.

9.3 Marks for the courses will be fixed marks as shown in the Frostbite Series club course sheets.

9.4 **Missing Mark** If a mark is missing and **Flag 'M'** is not in position, boats shall round at the marks usual position. This changes RRS 34. 


10. AREAS THAT ARE OBSTRUCTIONS

The following areas and lines are designated obstructions.

- a) The area encompassing the northern point of the western hardstand, Heathcote Channel and Heathcote Spit (22).
- b) All navigation posts carrying top marks (except Outer Dolphin (17), Foam Spit (18) and Deepwater Spit (37)) shall not rank as marks but shall rank as obstructions for the purpose of RRS 19.
- c) While racing, all navigation posts carrying top marks, except Outer Dolphin (17), Foam Spit (18) and Deepwater Spit (37), shall be passed on their correct navigational side.

11. THE START

11.1 The Box Start will be between a staff displaying an orange flag on the Box starting line and the outermost of the two yellow pyramid buoys. The inner yellow buoy will mark the extent but not necessarily the position of the line and shall be left on the same side as the Start Box.

- 11.2 When a race is scheduled or signalled to start at the Box, boats shall start in a **northerly direction** to the first mark of the course (Sampson Spit (19)).
- 11.3 If **Flag 'D'** is displayed no later than the 'on station signal', then boats shall start  in a **southerly direction** and leave additional marks, Martin Buoy (69), Weaver Buoy (68) and Outer Start Line Buoy to Port, before continuing on to their first mark (Sampson Spit (19)).
- 11.4 **General Recall** - When a General Recall is signalled, the warning signal for a new start for the first recalled fleet will be made at the starting signal of the last fleet in the original sequence. New starts for other recalled fleets will follow in order thereafter. A General Recall signal will be displayed for 1 minute. This changes RRS 29.2 and race signal, 'First Substitute'.
- 11.5 **Late Starter** - A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (**DNS**) without a hearing. This changes RRS A5.
- 11.6 **Shortening the Course - Before the start** - The RC may shorten a course before the starting signal by flying **Flag 'S'** over the relevant division flag no later than the warning signal. The marks prefixed * on the course sheets shall be omitted. This changes RRS 32.
- 11.7 **Shortening the Course - After the Start** - The RC may shorten a course after the starting signal by flying **Flag 'S'** over the relevant division flag from the Box. The marks prefixed * on the course sheets shall be omitted. This changes RRS 32.

12. PENALTY SYSTEM

- 12.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 12.2 Appendix T – Arbitration shall apply.
- 12.3 **[DP]** Discretionary Penalty – the penalty for a breach of this rule may at the discretion of the Protest Committee, be less than disqualification.
- 12.4 **[NP]** Breaches of the SI's marked [NP] will not be grounds for protest by a boat. This changes RRS 60.1 (a).
- 12.5 **[SCP]** Scoring Penalty – for some specific breaches of the rules, the RC may apply a scoring penalty [SCP] without a hearing. The RC may still protest a boat when they considered the SCP inappropriate. The standard penalty is 2 points, but not worse than disqualification. This changes RRS 63.1 and A5.

13. TIME LIMITS

- 13.1 The Race time limit is 1700.
- 13.2 If no boat sails the course and finishes within the time limit, then the race will be abandoned.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1 The protest time limit (PTL) is one hour after the last boat finishes.
- 14.2 Protest forms are available online and from OWG.

15. SCORING – refer NoR

16. SAFETY REGULATIONS [NP] [DP]

16.1 A boat that retires from a race shall notify the Race Officer.

16.2 While racing, no anchor shall be carried on deck forward of the stem or protruding outboard.

16.3 Operable marine VHF radios shall be carried, which may be permanently installed or be waterproof handheld and **shall be turned on** whilst racing.

16.4 In addition to the Helmsperson, there shall be **at least one crew member who shall be competent to handle the boat in an emergency.**

17. SIGN ON [SCP]

17.1 All boats shall sign on with the links supplied by the OWG.

17.2 It is the Skipper's responsibility to record all persons onboard their boat.

17.3 Boats That fail to "Sign On" for three (3) races or more shall receive a [SCP] without a hearing for the third breach and each consecutive breach.

18. CHANGE OF HELMSPERSON – Refer NoR

19. PRIZES – Refer NoR

20. DISCLAIMER OF LIABILITY- refer NoR

21. INSURANCE - refer NoR